# Ms. August's

# LCE COUNSELOR'S CORNER MARCH NEWSLETTER



Core Essential: **PEACE** - Proving you care more about each other than winning an argument.

### **LCE Mindfulness Room**

"Mindfulness Mondays" - Come to the Mindfulness Room at 7:45–8am for a yoga flow or a calming meditative moment before the school day. **Maximum 12** students.

#### **Guidance Lessons - March**

3<sup>rd</sup>-5<sup>th</sup> - Study Skills/Anxiety with STAAR PK-2<sup>nd</sup> - Core Essentials: Kindness/Peace





#### **NEHS News**

#### March 4 - March 8

The National Elementary Honor Society is sponsoring a donation drive for homeless pets, March 4–8. Please bring gently used, clean blankets, dog/cat beds, unopened, dry or wet dog and cat food, old leashes and toys, etc. *You can even adopt a pet...First, talk to your parents!* Let us make a difference for animals that need help!

March 26 - NEHS Meeting #5 @ 3:30 pm in the Mindfulness Room

## **Gifted and Talented News**

February 26 March 8 - District Appeals
March 25- April 5 - District Appeal Meetings with the District GT department for Fall referrals.



# March 7 - Now That You Are 10 Talk (4th & 5th Grade)

An Opt-out letter will be sent home to parents.

Due by Monday, March 4.

#### **March Dates to Remember**

March - Women's History Month/ National Nutrition Month
Disability Awareness Month/Reading Month

March 1 - Teacher Planning Day/No Students

March 4-8 - National Elementary Honor Society Pet Drive

March 7 - Now That You are 10 Talk with 4th & 5th Grades

March 8 - Boy/Girl Talk with 4th & 5th Grades



March 10-April 9 - Ramadan March 20-21 - Persian New Year March 29 - Good Friday











